

Babylonstoren Garden Spa Menu

HAMMAM (TURKISH BATH)

A traditional Turkish cleansing treatment incorporating a hammam water ritual, performed in our hammam treatment room.

Private Hammam Water Ritual – R1 860 | 60 min

Full-body exfoliation, dynamic flexing, body butter application, head and scalp treatment. Relax in our chill room or bamboo garden, whilst indulging in one of our delicious lunch options and a freshly squeezed juice (included with this treatment).

Hammam Traditional Soap Treatment – R1 860 per couple | 60 min

An ancient ritual of cleansing, consisting of a stimulating scrub and a soap massage performed by one therapist, 30 min treatment each.

**For the ultimate indulgence, combine this treatment with our duo massage at R3 500 per couple.*

Hammam *Honey and Salt Scrub with Steam – R750 | 30 min

Healing full-body Babylonstoren honey and salt scrub.

**An alternative body scrub is available for individuals who are sensitive to honey.*

MASSAGES

Bamboo Massage – R1 390 | 90 min

A full-body massage starting off with stretches and incorporating bamboo sticks. This massage will deeply relax the muscles of the body, leaving you revitalised. Relax in our chill room or bamboo garden, whilst indulging in one of our delicious lunch options and a freshly squeezed juice (included with this treatment).

Therapeutic Massage – R850 | 60 min

A combination of massage techniques, improving circulation and leaving the whole body relaxed, customised to suit your needs.

Deluxe Massage – R1 150 | 90 min

A full-body massage including a revitalising scalp massage for ultimate relaxation.

Duo Massage – R1 900 per couple | 60 min

Share this experience with someone special. Massage performed by two therapists in the same room. **Available as parent-and-child treatment.*

Deep-tissue Massage – R950 | 60 min, R1 250 | 90 min

A deep-tissue massage aimed at working on the deeper structures of the muscles, for specific concerns. Cupping techniques are used on problematic areas as needed.

Hot Stone Massage – R1 250 | 90 min

Soothing and relaxing hot stone massage, banishing exhaustion and replenishing energy levels.

Mother-to-be Massage – R850 | 60 min

Massage techniques and massage medium applied are safe during pregnancy. This treatment relieves tension in the back and reduces swelling of the hands and feet.

Relaxing Foot and Lower Leg Massage – R550 | 30 min

Deeply relaxing foot and lower leg massage using natural oils to stimulate and soothe.

Back, Neck and Shoulder Massage – R540 | 30 min, R650 | 45 min

Relaxing massage focusing on the back, neck and shoulders – the areas prone to tension.

Scalp Massage – R540 | 30 min

Unwind with our specialised scalp massage, which includes the scalp, décolleté, neck and face, as well as a neem oil hair treatment.

WRAPS

Our Lilian Terry wraps include a full-body scrub, wrap and application of a body oil – R900 | 75 min

Cellulite Body Wrap – improves lymph circulation in areas with cellulite, aids detoxification.

Serenity Body Wrap – anti-ageing wrap with regenerating properties.

Vitality Body Wrap – boosts immune and hormone function as well as blood circulation for overall vitality.

Muscle Ease Body Wrap – assists with the repair of aching and painful muscles. – NEW

FACIALS AND BEAUTY

**Available as parent-and-child treatments.*

Esse Basic Facial – R900 | 60 min

An organic skincare range based on the use of probiotics. Skin analysis and exfoliation followed by a soothing mask, serum and hydrating moisturiser, including a hand or foot massage.

Esse Comprehensive Facial – R1 100 | 90 min

An organic skincare range based on the use of probiotics. Skin analysis and exfoliation followed by a soothing mask, serum and hydrating moisturiser. Includes a hand or foot massage and a back scrub and back massage.

Dr. Hauschka Basic Facial – R1 050 | 75 min

A medicinal and organic range fortifying the skin's natural activity. Skin analysis, a deep-cleansing mask, followed by a hydrating or soothing mask with activating ampoules. Includes a hand or foot massage.

Dr. Hauschka Advanced Facial – R1 650 | 120 min

A medicinal and organic range fortifying the skin's natural activity. Relaxing foot and arm massage, followed by a calming lymphatic facial massage. This facial treatment will leave your skin healthy and nourished – a must for the weary traveller.

TINTS

Brow	R80	15 min
Lash	R100	15 min
Brow and Lash	R160	30 min

WAXES

Brow	R130	Upper lip/chin	R130
Underarm	R165	Lower arm	R220
Half leg	R220	Full leg	R385
Bikini	R220	Brazilian	R385
Hollywood	R450		

HANDS AND FEET

**Available as parent-and-child treatments.*

Manicure – R440 | 60 min

A manicure that will leave your hands soft, supple and perfectly groomed.

Pedicure – R480 | 60 min

Soak, scrub and massage – a proper treat for your feet.

Deluxe Pedicure – R600 | 90 min

A luxurious foot treatment including a heel treatment and a soothing, hydrating wrap.

The Garden Spa

