



SPA MENU

NIKOI ISLAND

SPA MENU

ETIQUETTE AND
DISCLAIMER



SPA MENU

BODY MASSAGE



BODY MASSAGE

ISLAND MASSAGE - *Restful Indulgence*

A signature massage specially created for Nikoi to help our guests transition to island life. This massage focuses on gentle long strokes and pressure points, providing relaxation and renewed energy.

<u>Duration</u>	<u>Price</u>
50mins	\$60++
75mins	\$80++
100mins	\$100++

JAVANESE MASSAGE - *Renewed Vitality*

Adapted from ancient Balinese massage techniques with strong pressure focusing on the back, shoulders and head for deep muscle relief.

50mins	\$60++
75mins	\$80++
100mins	\$100++

RHYTHMIC MASSAGE - *A must try for Mummy's-to-be*

For mothers to be or those who prefer to lie down on their side, this nurturing massage is a good choice. Our therapist will use gentle palm strokes for a calming and relaxing treatment.

50mins	\$60++
75mins	\$80++
100mins	\$100++

SPA MENU

KIDS MASSAGE



KIDS ISLAND MASSAGE

Share the beautiful benefits of the spa experience with your kids through a specially designed massage just for them.

A lovely way to share holiday time and introduce your children to the experience of professional massage. This unique massage is tailor made with their health in mind.

<u>Duration</u>	<u>Price</u>
30mins	\$30++
50mins (Teen)	\$50++



SPA MENU

MASSAGE ON
THE RUN

	<u>Duration</u>	<u>Price</u>
BACK RELIEVER - <i>Iron Out Tense Muscles</i> Iron out any tension in the back, neck, shoulders, with this medium to strong massage.	30mins	\$40++
FOOT LOOSE - <i>From Soul to Sole</i> Step out with happier feet after an energizing foot massage.	30mins 50mins	\$40++ \$60++
INDIAN HEAD MASSAGE - <i>Clear Headed</i> Clear your mind with this massage to relax and remove fatigue caused by mental stress. Choose a botanical infusion for the scalp and hair to either balance or stimulate.	30mins	\$40++

SPA MENU

EXOTIC BOTANICAL FACIALS



EXCLUSIVELY NIKOI - *100% Natural Skincare (All Skin Types)*

Products will be chosen to best suit your skin type. Sensatia botanical products are made from 100% natural botanical plant extracts and oils that are extremely safe for the skin but still provide the results. Enjoy hypo-allergenic cleansers, clarifying neroli blossom toners, yummy coconut & vanilla scrubs, wild honey creams and masks to name a few. Depart, with hydrated, refreshed, dewy and well-rested skin.

Duration

60mins

Price

\$65++

CLEOPATRA'S ROSE FACIAL - *Rich & Luxurious (All Skin Types)*

This blissfully euphoric facial treatment uses rich infusions of rose to cleanse and hydrate, deeply nourishing the skin. Luxuriate with blends of geranium leaf, lemon peel & rose damask to cleanse, balance Ph+ with rose & refreshing extracts of strawberry, hibiscus, grape & ginseng to tone, massage and hydrate with amber & rose dream cream. A treatment Cleopatra herself would insist on.

90mins

\$85++

A woman with a red flower in her hair is lying on her stomach on a white towel, receiving a back massage from a therapist in a dark blue uniform with an orange collar. The scene is outdoors with lush greenery and a view of the ocean in the background.

SPA MENU

NIKOI FOR HER

A contemporary selection of spa packages featuring holistic signature therapies, especially tailored for women.

	<u>Duration</u>	<u>Price</u>
<p>BODY BLISS - <i>Rejuvenation</i></p> <p>Give your body a well deserved tune up all over with this ultimate treat that combines all of Nikoi Spa's signature therapies. Choose your full body scrub and your massage style before surrendering to a 100% all natural Sensatia botanical facial.</p>	150mins	\$140++
<p>BODY GLOW - <i>Nourishing Touch</i></p> <p>Step out of the spa with a healthy, glowing, well-moisturized skin. Start by choosing a full body scrub and enjoy the massage that best suits you today.</p>	90mins	\$100++
<p>INNER JOY, OUTER GODDESS</p> <p>- <i>A luxurious half day spa journey</i></p> <p>Give yourself permission to surrender to the luxury of time just for you, to be pampered. Begin with a body conditioning treatment; a full body scrub of your choice and a hydrating full body wrap to follow. Then choose ONE of the following :</p> <ul style="list-style-type: none"> a) A massage of your choice: Island / Javanese / Fusion / Rhythmic b) A Sensatia botanical facial: cleansing, toning, exfoliation, mask, massage & hydration c) A back, neck, shoulder massage with a botanical scalp infusion and Indian head massage <p>Depart a goddess having enjoyed either a manicure OR a pedicure to end the perfect spa journey.</p> <ul style="list-style-type: none"> • A light refreshment is served with this spa package. 	180mins	\$170++



SPA MENU

NIKOI FOR HIM

A contemporary selection of spa packages featuring holistic signature therapies, specially tailored for the man.

EXPRESSION - *Wake Up Call*

Spa Tent

An awakening a full body massage of your choice and an express cleansing facial.

<u>Duration</u>	<u>Price</u>
120mins	\$110++

REST - *Perfectly Strong*

Spa Tent

Massage all the way... A massage tailored to suit your preferences. Inform your therapist what kind of massage pressure or style you like and what areas of the body you need work on the most i.e. scalp, neck, shoulders, lower back, feet, stretching and joint mobilization.

120mins	\$110++
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POWERFUL TREATMENT - *Untie the Knots*

Spa Tent

A relieving back, neck and shoulder massage and full focus on the scalp with an Indian head massage with a botanical hair and scalp infusion.

60mins	\$75++
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FULL-BODY SCRUB

Add a full-body scrub as a prequel to another spa treatment. Perfect before your massage, enjoy a sumptuous selection of 100% natural Sensatia scrubs or look for our fresh concoctions.

FULL-BODY SCRUB

COFFEE, CACAO & BROWN SUGAR SCRUB - *Exotic Skin Food*

Spa Tent | For oily skin

An intoxicating dose of pure Balinese vanilla, oil of ylang ylang, cacao extract, coffee oil and organic brown sugar. A must for all you coffee, chocolate and sugar lovers!

<u>Duration</u>	<u>Price</u>
45mins	\$45++

CITRUS SEA SALT SCRUB - *Deeply Detoxifying*

Spa Tent | For dry skin

Pure organic Indonesian sea salt, lavender, Spanish rosemary, white grapefruit, French clay and African shea butter... The "United Nations" of scrubs will deeply cleanse, exfoliate and assist with cellulite.

45mins	\$45++
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FULL-BODY WRAP

A must for dry dehydrated skin or those seeking relief from too much sun.

BESPOKE BODY CONDITIONER - *Personalised for you*

Spa Tent

This treatment needs to be booked with a minimum of one hours notice, so that one of the spa team can assist you with the right choice of body scrub and mask that will then be made fresh especially for you. Choose from the following :

- Fresh tomato, orange & rice meal scrub for sensitive skin to cleanse and refresh
- Papaya, coconut & mint body mask for very dry skin for deep hydration
- Aloe vera, chlorophyll & cucumber for sunburnt skin to soothe and heal

<u>Duration</u>	<u>Price</u>
60mins	\$65++

SPA MENU

MANI'S & PEDI'S

Give your hands and feet the treatment they deserve on a barefoot tropical island.

MANI'S & PEDI'S

	<u>Duration</u>	<u>Price</u>
NIKOI MANICURE - <i>An Elegant Hand</i> Spa Tent A healthy twist to a regular manicure this treatment uses natural plant extracts and oils to exfoliate, infuse and hydrate. Requisite cleaning, filing, massage, and polish.	60mins	\$45++
NIKOI PEDICURE - <i>Fabulous Feet</i> Spa Tent Remove hard dry skin from those beach walks and deeply massage and hydrate with nourishing extracts of gotu kola, jicama, legundi, cold pressed oils of kukui nut, extra virgin coconut and avocado oils with floral notes of violet and geranium.	60mins	\$50++
LUXURIOUS MANICURE - <i>Nurture and Pamper</i> Spa Tent A transformational treatment of luxurious proportions this manicure not only cleanses and protects from the wilds of your environment be it office, ocean or other; expect to deeply relax and inhale heavenly botanical scents enjoying massage and the deep hydration from a warming paraffin application. Bring your favourite polish with you or choose from the OPI spa range.	90mins	\$60++
LUXURIOUS PEDICURE - <i>Foot Fatigue</i> Spa Tent This deluxe pedicure helps to stimulate circulation as well as revitalize and remineralize. For those who spend a lot of time on their feet or simply need the pampering, this treatment will also assist in reducing fluid retention to the foot and lower leg, great after travelling a long distance. Natural botanicals and healing oils as well as the warming paraffin infusion will assure great relief and deep hydration.	90mins	\$65++

SPA MENU



Henna Art

Henna Art

Spa Tent

30-minutes of Half of Hands or Half of Legs

The similar “Henna” also we can find at some of Indonesia region include of the local peoples here as Malay ethnic that known as “Innai/Pacar” which is natural dye made from the leaves of Innai plant. Innai also applied to bride’s hands and feet during ceremonial day prior to the wedding.

When this paste is applied in skin (Just like writing from a marker) and left for few hours, it leaves orange to dark maroon stain in the skin which fades away in 7 to 14 days.

<u>Duration</u>	<u>Price</u>
30mins	\$20++

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